Meet our new head of prep

Sophia Millar joins the buzzing community of Castle School Prep, bringing with her a wealth of knowledge and experience together with some exciting new plans to complement the rapidly expanding prep.



Sophia has a first class honours degree in Primary Education with Fine Art and postgraduate diploma in Nutritional Therapy and Biochemistry together with 15 years of teaching experience.

With a holistic approach to education inspired by much of the Montessori and Steiner philosophies, Sophia brings with her determination to see all children thriving in an engaging, creative world.

Sophia comments, "to have this opportunity to work alongside professional, passionate and committed colleagues delivering a first class education to small classes is a dream come true. By offering incredibly generous bursaries to all our prep children, I am delighted to say this lovely school has become accessible to even more local families. Education is a real investment for the future and we are seeing more parents and grandparents recognising and reaping the benefits."

She has introduced a whole host of activities too, including a craft club, walking club and choir, some of which are also open to older pupils too so the younger ones can meet up with their old friends who have moved up to year 7. This is another lovely advantage of all sharing one site.